Tools for Resilience and Connection

4th Biennial Youth Services Conference

May 6-8, 2019
Kalahari Resort, Wisconsin Dells, WI

- Best Practice and Emerging Trends
- Education and Employment
- Health and Well-being
- Runaway and Homeless Services
- Transition Age Youth
- Youth Justice Service Continuum
Overview

This biennial Youth Services Conference, sponsored by the Wisconsin Department of Children and Families, is an epic event for all who are passionate about supporting youth to thrive! Whether you’re interested in learning about what’s new in Youth Justice, how to engage in culturally responsible practice, or what it takes to improve youth outcomes in the areas of housing, employment and education, we’ve got you covered. The conference offers participants a chance to hear from the experts, including youth and adults with lived experience. It also provides an opportunity for attendees to fill their toolbox with meaningful connections, tools for life and practice, and networks of shared innovation.

Objectives

Participants will:
• Become familiar with the research related to Youth Justice, brain development and resiliency
• Take away concrete tools for use in daily life/practice
• Be connected to resources from a variety of systems and disciplines
• Meet the best and brightest connected to the work
• Experience youth advocacy at its finest
• Recharge, refresh and renew the passion for serving!

Registration

Please go to the conference website at the link below to register. You will be asked to select which days you wish to attend, as well as how many participants you are registering (# of tickets). In addition, you will select which workshop sessions you wish to attend. For more information regarding the conference please visit our website.
https://wcwpds.wisc.edu/conferences-2/youth-services-conference/

Conference App

We are pleased to announce that this year’s Youth Services Conference will be utilizing a conference app. From the conference app you will be able to view the agenda, access documents and slides, complete session evaluations, and connect with your peers. Directions on how to download the app can be found on the conference website at the link below
https://wcwpds.wisc.edu/conferences-2/youth-services-conference/

Lodging

We have reserved a room block for participants at the Kalahari Resort. To ensure all participants receive the state rate, please make your reservations by Saturday, April 6th. Please select the link below to make a reservation.
https://book.passkey.com/e/49819164

Daily Food Menu

May 7th
Breakfast: Potato Skillet
Lunch: Taco Buffet
PM Break: Assorted sodas and cookies

May 8th
Breakfast: Pancake Breakfast
Lunch: Teriyaki Chicken
PM Break: Assorted sodas, popcorn and pretzels
# AGENDA
**May 7th**

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<td>Registration</td>
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<tr>
<td>8:30a-8:45a</td>
<td>Welcome and Opening Remarks</td>
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<tr>
<td>8:45a-9:45a</td>
<td>The Resilience Breakthrough: 3 Keys to Unleashing Resilience in Children and Adults (General Session)</td>
<td>Christian Moore</td>
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<td>9:45a-10:00a</td>
<td>Break</td>
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<td>10:00a-11:15a</td>
<td>Workshop #1</td>
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<tr>
<td>Room 5</td>
<td>Fostering Resilient Families</td>
<td>Dominic Alvarez, Jessica Godek, and Jamaal Wagner</td>
<td>YJ</td>
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<tr>
<td>Room 4</td>
<td>Foster Youth Informed, Involved and Independent-Part 1</td>
<td>Ashley Foster-French and ShawnaRae Bruch</td>
<td>HWB, TAY</td>
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<tr>
<td>Room 3</td>
<td>Program Evaluation for the Real World</td>
<td>Kristen Slack</td>
<td>RHY</td>
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<tr>
<td>Marula</td>
<td>Onramps to Employment</td>
<td>Darla Burton, Gregg Curtis, Sarah Lincoln, Becky Yang</td>
<td>TAY</td>
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<tr>
<td>Gen. Session</td>
<td>Resilience Can Be Taught! 10 Tools to Motivate ANY Student</td>
<td>Monica Caldwell</td>
<td>HWB, E&lt;sup&gt;2&lt;/sup&gt;, BP</td>
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<tr>
<td>Tamboti</td>
<td>Transforming Change Conversations through Co-Planning with Youth and Families *</td>
<td>Christian Moore</td>
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<td>11:15a-11:30a</td>
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<td>11:30a-1:00p</td>
<td>Lunch with Going the Extra Mile (General Session)</td>
<td>Courtney Smith</td>
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<td>1:00p-2:15p</td>
<td>Workshop #2</td>
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<td>Room 3</td>
<td>Examining Our Worldview: Challenging Our Perspectives in Ending Gender-Based Violence</td>
<td>Stephanie Ortiz and Cody Warner</td>
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<td>Room 5</td>
<td>Fostering Collaboration to Achieve Educational Success for Students in Out-of-Home Care</td>
<td>Emily Coddington, Julie Incitti, and Kyle Peaden</td>
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<tr>
<td>Room 4</td>
<td>Foster Youth Informed, Involved and Independent-Part 2</td>
<td>Ashley Foster-French and ShawnaRae Bruch</td>
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<tr>
<td>Tamboti</td>
<td>Looking Through the Lens of Native or Ethnically Diverse Perspectives</td>
<td>Gyasi Ross</td>
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<tr>
<td>Marula</td>
<td>New 5-Day Basic Intake Worker Training: Changes and Updates</td>
<td>Nicki Laudolff</td>
<td>YJ</td>
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<tr>
<td>Gen. Session</td>
<td>Wisconsin Talks About Trafficking-Part 1</td>
<td>Lisa McCormick and Nancy Yarbrough</td>
<td>HWB, RHY, BP, TAY</td>
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<tr>
<td>2:15p-2:30p</td>
<td>Break</td>
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<td>2:30p-3:45p</td>
<td>Workshop #3</td>
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<tr>
<td>Room 3</td>
<td>Authentic Youth Engagement</td>
<td>Courtney Smith</td>
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<tr>
<td>Marula</td>
<td>Creating a Network of “Educational Champions” for Youth with Foster Care or other Out-of-Home Care Experience</td>
<td>Gail Mentzel and Angie Ruppe</td>
<td>E&lt;sup&gt;2&lt;/sup&gt;, TAY</td>
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<tr>
<td>Room 4</td>
<td>The Pact</td>
<td>Ashley Foster-French and ShawnaRae Bruch</td>
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<tr>
<td>Tamboti</td>
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<td>Monica Caldwell</td>
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<tr>
<td>Gen. Session</td>
<td>Wisconsin Talks About Trafficking-Part 2</td>
<td>Lisa McCormick and Nancy Yarbrough</td>
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<td>Room 5</td>
<td>Youth Justice in Wisconsin</td>
<td>Wendy Henderson</td>
<td>YJ</td>
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<td>3:45p-4:00p</td>
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<tr>
<td>4:00p-5:00p</td>
<td>Trauma: Moving Past Describing the Water (General Session)</td>
<td>Gyasi Ross</td>
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**Tracks**
- HWB: Health and Well Being
- E<sup>2</sup>: Education and Employment
- BP: Best Practices & Emerging Trends
- TAY: Transition Age Youth
- RHY: Runaway and Homeless Youth
- YJ: Youth Justice Service Continuum

* Offered at both Workshops 1 and 3
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<tr>
<td>7:30a-8:30a</td>
<td>Breakfast</td>
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<td>Opening Remarks</td>
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<td>8:45a-9:45a</td>
<td>Transformative Healing (General Session)</td>
<td>Amelia Franck Meyer</td>
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<td>10:00a-11:15a</td>
<td><strong>Workshop #4</strong></td>
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<tr>
<td>Room 5</td>
<td>Benefits of Using Risk/Need Assessments in Youth Justice *</td>
<td>Beth Fritz and Dr. Gina Vincent</td>
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<tr>
<td>Room 3</td>
<td>Collaborating Across Systems for Better Results</td>
<td>Casey Schleisman and Andrea Simonett</td>
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<td>Marula</td>
<td>Maintaining and Building Connections: Key Components of Resiliency</td>
<td>Kate and Rob Bauer</td>
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<tr>
<td>Gen. Session</td>
<td>Self-Injury &amp; Suicide: What You Need to Know for Prevention</td>
<td>Dr. Jennifer Muehlenkamp</td>
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<tr>
<td>Tamboti</td>
<td>Strengthening Connections with Schools to Support Students with IEPs</td>
<td>Jessica Nichols</td>
<td>E²</td>
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<td>Room 4</td>
<td>Workplace Wellness</td>
<td>Amelia Franck Meyer</td>
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<td>Break</td>
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<tr>
<td>11:30a-1:00p</td>
<td><strong>Lunch with A Call for Community Over Incarceration (General Session)</strong></td>
<td>Hernan Carvente</td>
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<td>1:00p-2:15p</td>
<td><strong>Workshop #5</strong></td>
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<tr>
<td>Room 5</td>
<td>Benefits of Using Risk/Need Assessments in Youth Justice *</td>
<td>Beth Fritz and Dr. Gina Vincent</td>
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<td>Room 4</td>
<td>Hmong Youth: Bridging the Culture Gap</td>
<td>Mai Zong Vue</td>
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<td>Room 6</td>
<td>Improving Support for Transition-Age Youth through System Collaboration</td>
<td>Rania Haralampopoulos</td>
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<tr>
<td>Tamboti</td>
<td>Leveraging the Wisdom of Youth and Families</td>
<td>Hernan Carvente</td>
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<tr>
<td>Marula</td>
<td>PROMISE Lessons Learned: Transitioning from School to Work</td>
<td>Dr. Ellie Hartman and Reyna Saldaña</td>
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<tr>
<td>Gen. Session</td>
<td>Psychological Trauma: Definitions, Consequences, and Services</td>
<td>Dimitri Topitzes</td>
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<td>Room 3</td>
<td>Transition to Work</td>
<td>Greg Markle</td>
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<td>2:15p-2:30p</td>
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<td>2:30p-3:45p</td>
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<td>Room 3</td>
<td>Believe and Follow Their Lead!</td>
<td>Brad Schlaikowski</td>
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<td>Marula</td>
<td>Education &amp; Employment Opportunities through ACP &amp; Pathways Wisconsin</td>
<td>Kristin Long and Jenny Wagner</td>
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<td>Tamboti</td>
<td>Motivational Interviewing &amp; Cultural Humility</td>
<td>Shawn Smith</td>
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<td>Room 4</td>
<td>The Power of Music and Performing Arts to Disrupt Health Inequities and Promote Positive Youth Development</td>
<td>Dr. Jasmine Zapata</td>
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<td>Gen. Session</td>
<td>Reimagining the Youth Justice System</td>
<td>Prof. Cecelia Klingele</td>
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<td>Room 5</td>
<td>Specializing in High-Risk Youth Programming</td>
<td>KC Graveen, Makya Kirchner, Dillon Lehrer, and JR Wynne</td>
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<td>Break</td>
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<td>4:00p-5:00p</td>
<td><strong>Youth Panel (General Session)</strong></td>
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AGENDA
May 8th

* Offered at both Workshops 1 and 3

Gen. Session: Rooms 1, 2, 7, and 8
May 6th
Pre-Conference Summit

Advancing Your Skills in Motivational Interviewing
This institute is for participants who have learned about MI and have a little to a lot of experience trying it out in their practice setting. We'll work together to move your skills from where they are at the start of the workshop to a place further down the proficiency continuum. Through didactic discussion, small and large group work, and audio examples, participants will be invited to learn more about assessing MI practice, giving and receiving practice feedback, and other practice exercises aimed at improving your practice of this evidence-based method.

Objectives:
- Recall basic MI practice terms from previous trainings
- Practice using MI skills; OARS, ECT, EPE, Softening sustain talk and responding to discord
- Develop an individualized plan for taking MI skills to the next level

Presenter Bio:
Laura A. Saunders, MSSW, is the Great Lakes ATTC, MHTTC, and PTTC: State Project Manager for Wisconsin. Her position is housed at the University of Wisconsin-Madison where she’s worked since 1988. Since 2001, Laura has provided Motivational Interviewing training to physicians, nurses, medical students, psychologists, specialty addiction treatment providers, social workers, physical therapists, health educators and staff who work in correctional settings. Laura designs, facilitates, and delivers training and coaching in person, online, and via distance learning in the fields of health care, human services, public health, public safety and criminal justice. She has delivered over 120 beginning, intermediate, advancing skills and coding workshops. She has provided feedback and coaching to hundreds of participants who are interested in using MI to fidelity. She joined the International group of Motivational Interviewing Network of Trainers (MINT) in 2006 (Sophia, Bulgaria) and is an active member of the International MINT and the Wisconsin MINTie group.
Implicit Bias as a Habit

Implicit bias refers to bias that is subtle, unconscious, or hard to pin down. We might think that we’re making decisions based on the objective facts of the situation, but biases could be creeping in. Implicit bias can be likened to a habit. Like any habit, becoming aware of the habit and being motivated to change are necessary first steps. Come learn some concrete strategies to overcoming your biases.

Objectives:
- Increased awareness of one’s own personal biases
- Increased levels of internal motivation to respond without prejudice
- Increased equity self-efficacy
- Enhanced positive equity outcomes expectations

Presenter Bio:
Dr. Patricia Devine has been a social psychology professor at UW-Madison since 1985, and is internationally recognized as an eminent expert in the scientific study of stereotyping, prejudice, and intergroup relations. The very notion of “implicit bias” or “unintentional bias” originated in her early work (Devine, 1989; cited 6279 times). Devine conceptualizes prejudice reduction as a process of “breaking the prejudice habit”, which requires awareness and concern about bias and one’s own role in perpetuating bias, motivation to overcome bias, and tools to aid or guide one's efforts to reduce bias. Whereas previous models of prejudice suggested that prospects for true change were dim, Devine's model offers encouraging prospects for true reductions in prejudice.
Youth Mental Health First Aid

This abbreviated Youth Mental Health First Aid training introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis, select interventions and provide initial help, and connect young people to professional, peer, social, and self-help care. The course teaches participants the risk factors and warning signs of a variety of mental health challenges common among adolescents, including anxiety, depression, psychosis, eating disorders, AD/HD, disruptive behavior disorders, and substance use disorder. Participants do not learn to diagnose, nor how to provide any therapy or counseling—rather, participants learn to support a youth developing signs and symptoms of a mental illness or in an emotional crisis by applying a core five-step action plan. This session is intended for adults that work with young people ages 12-18. Please be aware that some topics may be a trigger for some participants, including death by suicide.

Objectives:
• Identify evidence-based risk and protective factors of mental health challenges that are common among adolescents
• Use the Youth Mental Health First Aid five-step action plan to support youth in crisis or experiencing a mental health challenge

Presenter Bios:
Elysse Chay (formerly Wageman) is a consultant supporting nonprofits in a variety of areas, including systems change through collective impact, reaching out to audiences without relying on jargon, developing project implementation/evaluation plans and managing a portfolio of sub-grantees. Elysse recently led the Milwaukee Brighter Futures Initiative, coordinating funding, training and technical assistance for 11 projects seeking to support adolescent well-being. Elysse has earned two degrees in political science and has worked in a variety of Milwaukee nonprofit organizations for over 15 years, including Public Allies Milwaukee and the AIDS Resource Center of Wisconsin.

Jeremy Triblett came to the Public Policy Institute as a youth work professional, national professional development trainer, and coordinator of citywide initiatives for more than 18 organizations. As the Public Policy Institute's Training and Technical Assistance Coordinator, Jeremy combines his experience in project coordination, collective impact strategies, professional development training, and organizational development to advance the work of youth and family-serving organizations. Previously, Jeremy served as the Resource Coordinator at the Public Policy Institute through ReCast MKE. Jeremy began his career as a Public Ally placed at Urban Underground as the Program Coordinator. Urban Underground is an after-school program designed to help teens develop their leadership skills through civic engagement. During this time, Jeremy developed his training methodology that incorporates micro learning, kinesthetic learning, and reflective teaching. He moved on to serve as the Director of Training and Technical Assistance at the Center for Youth Engagement and lead strategist for Beyond the Bell MKE. He guided 20 youth-serving after-school organizations through the nationally validated Youth Program Quality Intervention. At this time, Jeremy began establishing himself as a dynamic motivational speaker and keynote speaker for conferences, community events, and executive-level forums. As founder of Anapto Branding & Presentation Design Jeremy consults nationally to spark a fire in businesses and professionals with branding and designs that inspire the world.
The Resilience Breakthrough: 3 Keys to Unleashing Resilience in Children and Adults

Morning Keynote

Grit. Fortitude. Determination. Resilience. No matter what you call it, teachers and administrators nationwide agree that there has never been a greater need to teach our students how to thrive in school and in life. Studies have shown that students who score higher on resilience measures have improved social skills, higher grades, a greater love of learning, and better decision-making skills. The breakthrough idea of this presentation is that resilience can be taught. In fact, it's something we are all born with – from the homeless person on the street to the brightest Harvard professor. Most of us — including many of our schools’ most struggling students — just haven’t learned how to access what’s already inside. In this presentation, participants will learn about the vital skills of resilience found in WhyTry Founder Christian Moore's book, “The Resilience Breakthrough: 27 Tools for Turning Adversity into Action.” This engaging presentation will empower participants to deliver these skills to students of any background and learning style.

Objectives:

• Participants will know how to build a belief in students that they can change their circumstances, no matter how hopeless
• Participants will gain strategies to transform pain and adversity into fuel
• Participants will recognize and know how to utilize the resources for resilience that exist around them

Presenter Bio:

Christian Moore is an internationally renowned author, speaker, licensed clinical social worker, and advocate for at-risk youth. Coming from a blended family of 12 children, Christian spent most of his childhood years on the streets. In a neighborhood just outside of Washington, D.C., he was exposed to a wide array of social problems, which opened his eyes to the many injustices that exist in our world today. The WhyTry program poses the question, “Why try?” then provides the tools for students to learn the answer for themselves: opportunity, freedom, and self-respect. WhyTry’s multi-sensory approach caters to every learning type. Over 3 million students have been taught with WhyTry in over 25,000 schools and organizations worldwide.
May 7th
Keynotes

Going the Extra Mile
Lunch Keynote
Ms. Smith will share how seemingly small service hacks can make a huge impact in a young person’s life. As the executive director of the Detroit Phoenix Center, she leads the team that provides a continuum of services for youth at-risk of or currently experiencing homelessness. Learn how they provide resources and supports to build community connections and increase the self-esteem of youth.

Objectives:
- Participants will know how to create a sense of community for the youth they serve
- Participants will be able to strategize how to benefit from the power of connections

Presenter Bio:
There are people who see shortcomings in our society and feel overwhelmed or apathetic. Then there are people like Courtney E. Smith who roll up their sleeves and fill in the gap. Courtney has dedicated her career to advocating for the underserved and underprivileged. Through her efforts to implement solutions to break the cycle of poverty in Detroit, she has distinguished herself as an industry leader and a champion for youth. Born and raised in Detroit, Courtney knows the struggle of housing insecurity all too well. It is her experience as an overcomer that led her to create the Detroit Phoenix Center (DPC) in 2016 which provides critical resources and a nurturing environment for youth ages 13 - 24 experiencing homelessness. Under her visionary leadership as founder and executive director, DPC opened Detroit’s first drop-in facility meeting the emergent needs of youth in crisis, launched a scholarship fund, and tripled its operating budget to expand its programs and services. “We would like to become a model that different cities can use to solve youth homelessness,” Courtney says. Courtney has garnered recognition in publications including USA Today and Katie Couric’s talk show as well as being named to Crain's Detroit prestigious “Twenty in Their 20s” list, received the Detroit City Council’s Spirit of Detroit Award twice, won the Comcast NBC Universal Social Impact Award and was awarded the 2018 Community Champion of the Year courtesy of the Michigan Coalition Against Homelessness. Outside of being a dynamic civil servant, Courtney enjoys reading, writing, singing and theatre.
May 7th Keynotes

Trauma: Moving Past Describing the Water

Closing Keynote

History has profound effect on us all. The trauma the youth of our nation have experienced is systemic. What can we do to embolden and empower youth to reflect the power that history has on us today? How can youth use that history to make a better tomorrow? We have all the tools, capabilities and potential within our own communities to move beyond merely surviving to thriving.

Objectives:

- Gain an understanding of the unique historical circumstances faced by Native and black people in the past and present
- Gain an understanding of the Native American historical context and the effect it has on today’s youth, families, and communities
- Discover and examine ways to transform our community environments into places that nurture the spirit and foster high-level engagement and achievement for American Indian youth

Presenter Bio:

Gyasi Ross is a member of the Blackfeet Nation of the Port Madison Indian Reservation where he resides. He is a father, an author, a speaker, a lawyer and a filmmaker. TV, radio and print media regularly seek his input on politics, sports, pop culture and their intersections with Native life. Ross, who has written for Huffington Post, Indian Country Today, Deadspin and Gawker, as well as appeared on various talk shows and news programs, confesses that although he wasn’t always the best student when he was younger, he was still a smart kid. “I was seen as very intelligent, but underachieving,” Ross recalls. “My family just didn’t have a history or legacy of educational attainment, so I wasn’t really concerned with trying to get good grades or what I was going to do after high school.” Yet, despite his early educational struggles (he attended six colleges, including two tribal colleges, before graduating from Columbia Law School), Gyasi continued in the family business of working within the community and telling his people’s stories. Gyasi released his second book, How to Say I Love You in Indian, in early 2014. “I come from a family of storytellers. My family tells long stories, drinking coffee and blowing smoke in your face. It just fit for me to tell stories, and then I started writing them. My standard for writing stories is, if I can’t explain it to my niece or nephew, or my grandpa who dropped out of school then I need to understand this topic better. People have a love affair with over-academicizing things.”
Transformative Healing

Morning Keynote

In youth services, we come face-to-face with the need for healing on a daily basis. Children and youth often interact with adults who don’t have an understanding of, or tolerance for, pain-based behaviors. Adults think youth should listen because we say so, and that their behavior is willful and intentional. We need to change our mindset. Adults should start each interaction with curiosity and ensure safety for everyone. Youth need to belong and experience community to thrive. We need to figure out how to do things differently.

Objectives:
- Participants will know how to build a belief in students that they can change their circumstances, no matter how hopeless
- Participants will gain strategies to transform pain and adversity into fuel
- Participants will recognize and know how to utilize the resources for resilience that exist around them

Presenter Bio:
Amelia Franck Meyer is CEO of Alia, a national nonprofit focused on transforming how child welfare is done in this country. As the former CEO of Anu Family Services, she transformed the organization through a cultural and practice transformation which is producing nationally-recognized child permanence and placement stability outcomes for children in out-of-home care and is on the leading-edge of promoting and measuring wellbeing. Amelia has presented nationally and internationally on topics including understanding grief, loss, and trauma for children living in out-of-home care, child well-being, child permanence and placement stability, change management, social work leadership, management, supervision, and many other topics. Amelia has consulted through Casey Family Programs to provide training and consultation on child welfare practices in counties and states throughout the country.
A Call for Community Over Incarceration
Lunch Keynote

Youth prisons have not been shown to be effective, while mentors, counselors, or someone who can listen have. Job training, healthcare, and housing are things that allow communities to thrive. Invest in youth, not in prisons. What the youth are saying is the most valuable information we can get. We need to make youth empowered and create partnerships in order to create agents of change.

Objectives:
• Elevating awareness about the negative impacts of incarcerating youth
• Creating a dialogue about the need to invest in alternatives, not incarceration for youth
• Working with youth and families to build a critical mass of Americans calling for change

Presenter Bio:
Hernan Carvente is the National Youth Partnership Strategist for the Youth First Initiative. He manages the Youth First Youth Voices Network, which provides young emerging leaders with the training and tools to lead the fight against youth incarceration. Previously, he served as a Program Analyst for the Center on Youth Justice at the Vera Institute of Justice, where he worked on policy analysis, program development, and elevated the voices and needs of youth and families in statewide policy reform. Mr. Carvente has served on state-appointed boards including the New York State Juvenile Justice Advisory Group and the Citizens Policy and Complaint Review Council. Through these appointments, he participated in the development and implementation of New York’s federal juvenile justice plan and helped ensure that local correctional facilities were treating individuals fairly and humanely. He has also served as National Youth Chair for the National Youth Committee of the Coalition for Juvenile Justice as well as an advisor to the National Academies of Science and the Annie E. Casey Foundation. Utilizing his experiences, Mr. Carvente trains policymakers, researchers, students, and professionals in probation, child welfare, juvenile justice and corrections on ending youth incarceration and moving toward more holistic, community-based, trauma-informed programs for young people. He was awarded the “Spirit of Youth Award” by Coalition for Juvenile Justice and the “Next Generation Champion for Change” award by the John D. and Catherine T. MacArthur Foundation. He is a first-generation Mexican-American and the first male in his family to graduate from college, earning a degree in Criminal Justice from John Jay College.
Youth Panel

Closing Keynote

Young people from the DCF Youth Leadership Teams and Youth Advisory Councils from across the state will share their personal experiences with and perspectives on the youth justice and child welfare systems. They will share their ideas about what works and what does not, and the type of youth justice and child welfare systems that they want to help create. These inspiring young people will share specific guidance for individuals working in the social services field and partner agencies about how to best engage and work most effectively with youth.

Objectives:
• Introduce and Identify the YAC's and YLT's priorities and objectives
• Have professional staff see examples of meaningful youth engagement and feel more confident engaging youth in their own practices
• Have professional staff hear directly from those most impacted by the Child Welfare and Youth Justice systems; connect their professional practice to young people's experiences
Foster Youth Informed, Involved and Independent-Part 1
What are the challenges to youth participation in their case plan? How can youth leaders, professionals, courts, and caregivers support youth to participate and as they plan for life beyond foster care? Check out FosterClub's recently redeveloped tool, the FYI Binder, which assists youth in keeping track of important documents, contacts, and resources. Concepts presented include youth participation in their case plan, self-advocacy, and navigation of the system. (This is the first part of a two-part session, you must also attend Part 2 in Workshop #2)

Objectives:
- Use the FYI Binder as a youth engagement tool
- Understand unique challenges foster youth may face when seeking independence

Fostering Resilient Families
Jefferson County developed a new Youth Justice program model in 2018 that incorporated Functional Family Case Management and robust incentives plans into our work with each of the families we serve. Follow us on our journey as we explore the decisions that were made which prompted us to revamp our whole program and the barriers and successes we faced along the way. We'll present an overview of the program in its entirety, what we are doing for data collection, and some preliminary outcomes. We'll wrap up with lessons learned, talk a bit about what's next, and open it up for questions.

Objectives:
- Creating a new program: barriers, bumps and successes; what worked and what didn't
- What is Fostering Resilient Families Youth Justice Program?
- Data collection talking points and preliminary outcomes of the program

Program Evaluation for the Real World
This presentation will provide an overview of the different approaches to program evaluation in social service settings. While some focus is given to the value of rigorous gold-standard techniques for evaluating the impact of interventions and services, most of the presentation will be dedicated to exploring alternative approaches to evaluation involving smaller, manageable steps. Common obstacles to evaluation will be presented and guidance for selecting the most appropriate evaluation strategies will be offered.

Objectives:
- To explore different program evaluation approaches in practice settings
- To understand the strengths and weaknesses of different evaluation approaches
- To address common misunderstandings about program evaluation
Workshop #1

**Workshop #1**

**Onramps to Employment**

Do you face challenges finding appropriate transitional employment and training for youth? Are you interested in finding resources that are available based on the customer needs versus a school calendar? In this session, you’ll learn from a panel of experts how to identify career interests, use stackable employment and training resources and available supports to maximize employment outcomes while assisting the employer in training a valuable employee.

**Objectives:**
- Participants will understand different services that are available for WI youth
- Participants will recognize the intersection of the state services available for at-risk youth

**Resilience Can Be Taught! 10 Tools to Motivate ANY Student**

What if you could give ALL of your students—even the most unmotivated—the skills they need to be resilient in the face of life’s challenges? The breakthrough idea of this presentation is that resilience can be TAUGHT! In fact, there are 10 specific tools you can use TODAY to bring its life-changing power to students of any background or learning style. Whether you work with youth in one-on-one, small group, or classroom settings, once you’ve been given these tools, you won’t want to go another day without using them! Studies have shown that students who learn resilience have improved social skills, higher grades, a greater love of learning, and better decision-making skills. Teachers and counselors who apply these skills see fewer behavioral problems and an increase in student motivation and engagement. This fun and informative presentation will completely change the way you approach your job—don’t miss it!

**Objectives:**
Ultimately, this presentation will provide the audience with tools to help students in any tier answer the question, “Why try in life?” by providing tools around the 3 objectives below:
- Learn how to speak the language of today’s youth using relevant multimedia, physical activities, and visual metaphors
- Learn how youth can take the challenges they face in life and channel them in a positive direction
- Learn how to guide youth in building positive support systems

**Transforming Change Conversations through Co-Planning with Youth and Families**

As youth serving professionals, we are frequently engaged in behavior change conversations with students and their families. When asking youth to attend school more consistently, improve study habits, address high-risk choices, or improve classroom behaviors, we wonder how to best motivate youth for change. Often, we remind students of the rules and tell them the steps they should take to overcome their problem. In co-planning, this approach is turned upside down, and youth and families are included in exploring motivation, identifying what works for them, setting goals, and identifying sources of support. Two specific practical strategies will be demonstrated that are inclusive, respectful, are getting great results, and can be used by staff to improve coordinated care.
**Examining Our Worldview: Challenging Our Perspectives in Ending Gender-Based Violence**

In this workshop, we will examine our worldviews and challenge the perspectives we hold about ending gender-based violence. We will facilitate an interactive activity, engage participants in dialogue, and share some of the work we are doing at End Domestic Abuse Wisconsin. We hope this workshop will allow participants to explore the dynamics of ending gender-based violence and learn new strategies for successful prevention.

**Objectives:**
- Examine worldviews and challenge perspectives
- Explore the dynamics of ending gender-based violence
- Learn new strategies for successful prevention

**Fostering Collaboration to Achieve Educational Success for Students in Out-of-Home Care**

The Every Student Succeeds Act (ESSA), effective December 2016, changed the way child welfare agencies and local education agencies partner to ensure the success of students in out-of-home care. ESSA and educational stability will be discussed in the context of improving outcomes for children in out-of-home care. The presentation will also focus on the collaborative roles of school and child welfare staff including information on how to share pupil records, data, and necessary case related information. An overview of tools and resources for building a successful collaboration across child welfare and local education agencies will be provided.

**Objectives:**
- Participants will gain an understanding of the law and policies due to ESSA and other federal laws in regard to students in out-of-home care
- Participants will learn about the relationships between child welfare caseworkers and school social workers and how and what information may and should be shared between them
- Participants will walk away with tools and resources to utilize in practice

**Foster Youth Informed, Involved and Independent-Part 2**

What are the challenges to youth participation in their case plan? How can youth leaders, professionals, courts, and caregivers support youth to participate and as they plan for life beyond foster care? Check out FosterClub's recently redeveloped tool, the FYI Binder, which assists youth in keeping track of important documents, contacts, and resources. Concepts presented include youth participation in their case plan, self-advocacy, and navigation of the system. (This is the second part of a two-part session, you must also attend Part 1 in Workshop #1)

**Objectives:**
- Use the FYI Binder as a youth engagement tool
- Understand unique challenges foster youth may face when seeking independence
Workshop #2

Looking Through the Lens of Native or Ethnically-Diverse Perspectives
This workshop will help us step back and take the perspective of viewing our youth as people, nothing more and nothing less. The key to success for youth is to be able to relate and connect to the adults helping them. One of the most important aspects of relating to youth is that of respect. Respect is one of the basic teachings that are common among all Native cultures, respect for family, ancestors, yourself, the environment, others and future generations. Honestly addressing race can lead to better, stronger and more resilient connections. Learn to have the uncomfortable conversations that lead to connection.

Objectives:
• Practice discussing sensitive issues and “sit with discomfort”
• Have the opportunity to continue to learn, challenge and change your attitudes
• Demonstrate awareness, knowledge and skills of inclusion

Nicki Laudolff

New 5-day Basic Intake Worker Training: Changes and Updates
Have you heard the news? In July 2018, the Basic Intake Worker Training was updated! The new format is separated into 3 days of in-person training and lecture, followed by 2 days of practical application approximately 4-6 weeks later. The training curriculum has been updated to include: brain development; trauma and its effects on behavior; the importance of service matching and individualized case planning; research around removal from the home, separation from family, and placement in detention; skills in engaging with families, children, and youth; and the benefits of alternatives to the formal court process. Training also covers techniques in navigating Wisconsin State Statutes, including Chapter 48: The Children’s Code, and Chapter 938: The Juvenile Justice Code. Adult learning methods are incorporated, to create a fun and engaging environment while also encouraging learner retention. Please come see what is new to the Basic Intake Worker Training in this brief overview presentation!

Objectives:
• Gain a working knowledge of the motivation for the changes made
• Familiarize and understand the ideas and philosophy of what is being taught
• Recognize the principles of adult learning incorporated in the training
• Learn what topics and areas are covered by basic intake training and which topics are not covered

Wisconsin Talks About Trafficking-Part 1
This workshop will help participants understand the basics of youth sex trafficking—who is most vulnerable, why it happens, why removal from trafficking situations is challenging, and how professionals can respond. Statewide resources from the Wisconsin Department of Children and Families will be shared, including a documentary video highlighting survivors’ stories that is designed for educational use in schools. (This is the first part of a two-part series, you must also attend the session in Workshop #3)

Objectives:
• Have a deeper understanding of resources available to identify and assist youth who have experienced sex trafficking
• Learn ways to have an honest conversation about sex trafficking to prevent youth from getting involved

Lisa McCormick
Nancy Yarbrough
Creating a Network of “Educational Champions” for Youth with Foster Care or other Out-of-Home Care Experience

There are over 400,000 youth in foster care in the United States, and the numbers are growing. This session will review the history of the Fostering Success program at the University of Wisconsin-Stout and the integration of Fostering Success into Student Support Services. We will provide statistics related to college access, retention, and graduation for youth formerly in foster care; discuss family privilege, trauma informed care, and strategies related to supporting this population through graduation at Stout. Youth from our program will be present to share their stories and the role of Fostering Success at UW-Stout.

Objectives:
- Learn strategies and resources for supporting youth with foster care and other out of home placements in higher education
- Understand trauma-informed care practices for faculty, academic staff and advocates in higher education
- Learn how to create a network of champions and develop a program of support

The Pact

Participants will gain an understanding of how to help young people understand and prepare for permanency. A fun, interactive session filled with discussion and stories regarding the rewards and challenges of permanent relationships. Understanding youth perspectives about permanency will help participants better engage and prepare youth to find and maintain lifelong relationships.

Objectives:
- Engage youth in a conversation about permanency
- Understand the importance of the facilitator in the Permanency Pact process
- Understand how to help youth identify the difference between positive and negative supports
- List several ways a transitioning youth could benefit from the support of an adult
- Understand unique challenges (internal and external) foster youth may face when trying to secure permanence
- Know how to access and create a Permanency Pact

Authentic Youth Engagement

This workshop will communicate the importance of youth voice as a key approach to fostering civic engagement amongst homeless & high-risk youth. Ms. Smith will share practical tools on how to effectively engage youth across the social service sector.

Objectives:
- Provide tools to equip youth to foster resilience, develop leadership skills and engage in community service.
- Elevate the voice of youth facing challenges in program and policy development.
Workshop #3  

2:30p - 3:45p

Transforming Change Conversations through Co-Planning with Youth and Families*

As youth serving professionals, we are frequently engaged in behavior change conversations with students and their families. When asking youth to attend school more consistently, improve study habits or address high risk choices, or improve classroom behaviors, we wonder how to best motivate youth for change. Often, we remind students of the rules and tell them the steps they should take to overcome their problem. In co-planning, this approach is turned upside down, and youth and families are included in exploring motivation, identifying what works for them, setting goals, and identifying sources of support. Two specific practical strategies will be demonstrated that are inclusive, respectful, are getting great results, and can be used by staff to improve coordinated care.

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Objectives:

- Have a deeper understanding of resources available to identify and assist youth who have experienced sex trafficking
- Learn ways to have an honest conversation about sex trafficking to prevent youth from getting involved

What's Happening in Youth Justices

The Wisconsin Department of Children and Families has been working hard to implement the Youth Justice strategic plan developed in 2017. Join us for an interactive session on the current initiatives underway in youth justice and a preview of what is to come.
Benefits of Using Risk/Need Assessments in Youth Justice*
Most jurisdictions around the country have adopted risk/needs assessment for dispositional planning in Youth Justice. This workshop will review the research support for using risk/need assessment, such as the YASI, in youth justice settings and explain why this is a preferred and evidence-based practice for case planning. This workshop will review best practice steps in the quality implementation of risk/needs assessment to maximize outcomes, such as decreasing formal processing, reducing costly out-of-home placements, avoiding referrals to services for youth who do not need services, and guiding case-planning to reduce chances of future delinquency and violence while still protecting public safety.

Objectives:
Upon completion of the workshop, participants will:
• Understand the principles of risk, need and responsivity
• Understand the principles of adolescent development that support use of risk/needs assessment
• Integrate at least three methods for quality implementation into their youth justice practice

Collaborating Across Systems for Better Results
Have you ever thought, could we address housing instability and employment at the same time? Could child protection increase capacity to better serve minors experiencing homelessness? Come find out more about how Hennepin County is integrating services and increasing youth well-being. In this session, Hennepin County, MN and the MN Department of Human Services will share experiences collaborating across internal and external systems with and on behalf of youth experiencing homelessness (15-26 year olds). Prepare to step away from this session with ideas to bring back to your community.

Objectives:
• To learn more about collaborative efforts across sectors
• To understand how collaborations meet the needs of young people in their community
• To brainstorm opportunities ready for action within your community

Maintaining and Building Connections: Key Ingredients of Resiliency
The bond between brothers and sisters is unique and integral to forming one's identity—it is the longest lasting relationship most people have, longer than the parent/child or husband/wife relationship. The sibling relationship helps to build social skills, gain awareness in conflict resolution and helps to create attachments that reinforce compassion and empathy. Kate and Rob will discuss how placement in foster care and sibling separation leads to isolation and it’s negative effects on individuals. They will talk about the importance of maintaining sibling connections.

Objectives:
• To allow participants to not just learn about the importance of keeping siblings connected, but to feel on an emotional level the impact of separation
• Participants will learn that maintaining and building sibling relationships enhances resiliency
• Participants will learn how Camp To Belong programming is a catalyst for maintaining and building connections
Workshop #4

10:00p - 11:15p

Self-Injury & Suicide: What You Need to Know for Prevention
Recent national reports indicate the prevalence of suicide attempts and engagement in self-injury (e.g., self-cutting, burning) among youth remains elevated, and in some populations may be rising. This session will provide an essential update on the latest science describing the connection between non-suicidal self-injury (NSSI) and suicide, emphasizing factors to monitor for escalating risk. A framework for understanding why these behaviors co-occur and how to intervene with youth will be shared along with specific strategies for building resilience and reducing risk related to both behaviors.

Presentation Objectives:
- Participants will be able to describe specific features of NSSI that are associated with increased likelihood for attempting suicide
- Participants will be able to identify at least two strategies to help build resilience and reduce risk for engaging in self-harm

Strengthening Connections with Schools to Support Students with IEPs
Do you support youth receiving special education services? Ever wonder what all those acronyms in schools mean? Or why a student receives the services and supports he or she does? Come to this session for an overview of special education law including topics of eligibility, discipline and shortened school days. You'll also walk away with a tool or two to use in your work as you strive for meaningful collaboration with your school partners!

Objectives:
- Learn state and federal law applicable to students with disabilities so that you can effectively advocate for youth you serve and collaborate with schools
- Learn how to locate pertinent resources for your future reference
- Learn how to access and use a free tool designed to support regulation

Workplace Wellness
The outcomes of those we serve depend, in large part, on our ability to deliver the service in a reliable, healthy manner. We do not build “widgets”; rather, we are the tool. If we are not healthy, we do harm. Current research supports that youth serving systems cannot produce the desired outcomes for children and youth without stable, healthy helpers. Resilience and well-being can be practiced and learned. Learn how the system can support our resilience.
Benefits of Using Risk/Need Assessments in Youth Justice*
Most jurisdictions around the country have adopted risk/needs assessment for dispositional planning in Youth Justice. This workshop will review the research support for using risk/need assessment, such as the YASI, in youth justice settings and explain why this is a preferred and evidence-based practice for case planning. This workshop will review best practice steps in the quality implementation of risk/needs assessment to maximize outcomes, such as decreasing formal processing, reducing costly out-of-home placements, avoiding referrals to services for youth who do not need services, and guiding case-planning to reduce chances of future delinquency and violence while still protecting public safety.

Objectives:
Upon completion of the workshop, participants will:
- Understand the principles of risk, need and responsivity
- Understand the principles of adolescent development that support use of risk/needs assessment
- Integrate at least three methods for quality implementation into their youth justice practice

Hmong Youth: Bridging the Culture Gap
Mai Zong Vue, a Hmong folk story teller and bridge builder, will share the Hmong history in Wisconsin as well as the culture challenges of Hmong youth assimilating in Wisconsin. Through the work she has done in establishing the Hmong Language and Culture Enrichment Program, she is helping to shape resiliency of the next generation of leaders. Ms. Vue will share tools to help promote culturally responsive learning to support youth in developing strong identities.

Objectives:
- Develop skill at relating to youth in a cross-cultural setting
- Build resilience in youth by promoting cultural identity

Improving Support for Transition-Age Youth Through System Collaboration
The Alliance for Wisconsin Youth and Project YES (Youth Empowered Solutions) will provide respectful, appealing and effective ways of walking alongside young people as they work through life's challenges during this transitional time.
Psychological Trauma: Definitions, Consequences, and Services

This workshop will explore various definitions of trauma. In addition, the training will cover several different approaches to understanding the consequences of trauma exposure. Whether trauma takes place during childhood or adolescence, a number of common symptoms, developmental insults, and/or functional impairments can emerge. The presenter will then discuss a way in which these various post-traumatic effects can be interpreted within a unifying framework. Subsequently, the presenter will examine effective approaches to caring for trauma-affected youth. A distinction will be drawn between trauma-sensitive, trauma-informed, and trauma-focused work. Principles of effective trauma services will then be discussed. Throughout the workshop, attendees will be invited to engage in lively discussion.

Objectives:
Upon completion of the workshop, attendees will be able to:
- Identify different and sometimes competing definitions of trauma
- Understand trauma consequences with a comprehensive yet unifying framework
- Identify central principles and common elements of effective trauma services

PROMISE Lessons Learned: Transitioning from School to Work

Come hear the highlights of the lessons learned through the PROMISE grant. Although the grant has ended you can still make use of the many resources developed to help youth and families in the transition to self-sufficiency. Wisconsin PROMISE has demonstrated that more youth receiving Supplemental Security Income can be connected to employment than typically have been through services as usual. Youth with disabilities continue to show their skills, strengths, and potential can help build a better workforce in all local communities. Models that empower youth and their families while at the same time provide the needed disability related supports and connection to paid work can increase employment outcomes and ultimately self-sufficiency.

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- Understand trauma consequences with a comprehensive yet unifying framework
- Identify central principles and common elements of effective trauma services

Transition to Work

A discussion of the hard and soft skills youth learn as they transition into the workplace. This includes a review of employment options, career assessment and planning and prerequisites for work and first steps on career ladders.
Believe and Follow Their Lead!
Too often, we have our “grown-up hats” on. We have ideas, suggestions, goals and expectations. Too often, we don’t step back and think, why am I creating this for them? In this session, you will hear how Courage MKE went from an idea in 2015 to Wisconsin's first home for displaced LGBTQ+ youth! This session is designed to be a conversation, to challenge the norm together, and find better practices to use with the youth that we serve while teaching them life skills, responsibilities and what community means. Let's all share how we follow their lead and watch them flourish. How do we make our youth to feel like they are a part of the community? Better yet, how do we show them the community wants them to be part of the community just the way they are?

Objectives:
• Listen to listen and then show them that you heard
• Do we (as adults) really know more than them?
• Empower them and mean it

Education & Employment Opportunities through ACP & Pathways Wisconsin
Wisconsin has taken great strides to connect traditional academic learning in schools to student goals and passions through the mandated Academic and Career Planning (ACP) process. As school staff infuse more career exploration and development activities into classes, students become aware of the variety of options available to them while still in high school, moving from graduating high school as an end point to graduating high school as a launching point. Moreover, the current Pathways Wisconsin project makes the process even more transparent for career ladder access to high skill, high demand occupations! All students benefit, but students with little direction or resources can benefit even more by connecting directly to supportive services in their region.

Objectives:
• Understand the ACP and Pathways process used in K12 schools, including opportunities for high school work-based learning options.
• Discuss methods to ensure support of ACP in your service delivery for your clients.
• Connect your service provision to the regional K12 collaborative to support student success.

Motivational Interviewing + Cultural Humility
MI + Cultural Humility: Explore the Integration of Motivational Interviewing and Cultural Humility. Leverage your skill in MI as a culturally-reverent style of communication. Learn how we, as individual service artists, can communicate in ways that heal, guide and exhibit deep respect for the heritage and values of a served person.

Objectives:
• Learn a definition of Cultural Reverence and how we can use the 4-Principles of Cultural Humility to be culturally reverent
• Use of active listening skills to explore values
• Develop discrepancy to evoke behavior change
Workshop #6

Specializing in High Risk Youth Programming

This panel of staff from the Portage County Boys & Girls Club will discuss STEAM (Science, Technology, Engineering, Art, and Math), and how evidence-based board-certified Art and Music therapists enable youth to realize their full potential. They will also share how they provide Carey Guides Brief Intervention Tools (BITs) and Robotics to over 2000 youth.

Objectives:

- Achieving progress toward the desired outcomes of greater ability to process feelings related to trauma/negative influences
- Use self-expression as a coping strategy
- Introduce education/career options with hands-on programming

The Power of Music and Performing Arts to Disrupt Health Inequities and Promote Positive Youth Development

According to the Interagency Working Group on Youth Programs, Positive Youth Development (PYD) is defined as “an intentional, prosocial approach that engages youth within their communities, schools, organizations, peer groups and families in a manner that is productive and constructive; recognizes, utilizes and enhances young people’s strengths; and promotes positive outcomes for young people by providing opportunities, fostering positive relationships, and furnishing the support needed to build on their leadership strengths.” Join Dr. Zapata in this dynamic and engaging workshop to learn more about how music and performing arts can be utilized as a powerful positive youth development tool for disruption and social change. She will discuss how she has personally incorporated this strategy into her public health work locally and internationally, and how you can too.

Objectives:

- Explore the link between adverse childhood experiences and brain development, decision making, emotional development, and other health-related outcomes
- Define and discuss the concepts of positive youth development and healing-centered engagement as strategies to move beyond trauma-informed care
- Using 2 case examples, discuss the role of music and performing arts as a positive youth development strategy to combat toxic stress, ignite social change, and disrupt various public health inequities

Reimagining the Youth Justice System

Changing kids’ behavior is a major goal of youth justice interventions. Too often, however, our methods ignore basic behavioral principles about what facilitates change, and our definitions of success overlook evidence of real progress by court-involved youth. This session will explore what we know about how change happens, and what workers in the youth justice system can do—and avoid doing—to encourage positive and lasting change.

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